

Prayer before the Blessed Sacrament.

O Lord, upon Your altar of expiation, I offer You all the sins and offenses I have committed in Your presence and in the presence of Your holy angels, from the day when I first could sin until this hour, that You may burn and consume them all in the fire of Your love, that You may wipe away their every stain, cleanse my conscience of every fault, and restore to me Your grace which I lost in sin by granting full pardon for all and receiving me mercifully with the kiss of peace.

What can I do for all my sins but humbly confess and lament them, and implore Your mercy without ceasing? In Your mercy, I implore You, hear me when I stand before You, my God. All my sins are most displeasing to me. I wish never to commit them again. I am sorry for them and will be sorry as long as I live. I am ready to do penance and make satisfaction to the utmost of my power.

Forgive me, O God, forgive me my sins for Your Holy Name. Save my soul which You have redeemed by Your most precious Blood. See, I place myself at Your mercy. I commit myself to Your hands. Deal with me according to Your goodness, not according to my malicious and evil ways. Amen

The Imitation of Christ – Thomas a Kempis

Always the Same and Always New: Holy Week Through Poets' Eyes

Belfast Jesuit Centre - Monday 30 March 2026 - 7:00-9:00 pm

Join us for a reflective exploration of Holy Week through selected poems that engage with its central themes. Drawing on the first line of the Elizabeth Jennings' poem Crucifixion, "*Always the same and always new,*" will consider how poetry can illuminate the spiritual significance of Holy Week. Participants will be invited into guided reflection and thoughtful conversation. Everyone welcome. Small donation suggested. To register, visit: <https://belfastjesuitcentre.co.uk/always-the-same-and-always-new-holy-week-through-poets-eyes/>

Good Friday Falls/Shankill Annual Inter-Church Prayer Walk will take place on Good Friday 3rd April, beginning at 4.45pm in front of Clonard Church, stopping midway at Shankill Methodist for a brief prayer, and returning to Clonard by 6pm. At this precarious time in our world, we commit ourselves once again - in the footsteps of Jesus - to His ministry of reconciliation and peace. All are welcome

New Parish Family Website

Now that Carryduff & Saintfield are a Parish Family we have adopted one new website for the family. This will contain details and contacts for both Parishes and the three Churches. To access the webcams please use this new website

www.carryduffsaintfield.co.uk

Bookings for Mass, Month Minds, Anniversaries, Baptisms and Weddings are to be made through the Parish Office 02897510237 or Parish email address at: saintfield@downandconnor.org. Office Hours: Monday & Wednesday 11.00am -1.00pm. Thursday 12 – 1pm. Please use the Parish Email outside of Office Hours and we will respond as soon as possible.

Saintfield & Carrickmannon Parish Bulletin

22nd March 2026

*I am the resurrection.
If anyone believes in me
even though he dies
he will live.
And whoever lives
and believes in me
will never die.*

John 11:1-45

5th Sunday of Lent

Fr Michael Sheehan PP 028 9081 2238

Fr Anthony McHugh PE 028 9751 0237

Email: saintfield@downandconnor.org